



# SMALL GROUP LEADER GUIDE

## Measure Up / Week 2

PRELUDE

SOCIAL

WORSHIP

STORY

GROUPS

HOME

## LEADER PREP

### BOTTOM LINE

Take your cue about you from the One who made you.

### SCRIPTURE

*But when the set time had fully come, God sent his Son, born of a woman, born under the law, to redeem those under the law, that we might receive adoption to sonship. Because you are his sons, God sent the Spirit of his Son into our hearts, the Spirit who calls out, "Abba, Father" (Galatians 4:4-6 NIV).*

### GOAL OF SMALL GROUP

To help students recognize the freedom they experience when they stop living based on other people's opinions, and to help them understand God's opinion of them.

### THINK ABOUT THIS

Leaders—students hear voices about all the ways they don't measure up. As a Small Group Leader, you have the unique opportunity to affirm each of your students no matter where they are.

## CONVERSATION GUIDE

**Create meaningful conversation. Adjust the questions as needed, and don't feel like you need to answer all of them.**

### DISCUSSION QUESTIONS

1. What's the best compliment you've ever received? What made it meaningful?
2. What are some things people do to try to measure up to the people around them?
3. What do you think God thinks about you? Why is that sometimes hard to believe?
4. We said, "Who does your heavenly Father compare you to? Nobody." Do you agree with that? Why or why not?
5. What would you do differently today if you only cared about God's opinion?
6. If you took your cue from the One who made you, how would that give you more peace?

### TRY THIS

Leaders—pray over your students. Ask God to help them see themselves the way He sees them. Ask God to help them value His opinion over the opinion of others. Ask God to bless them in a special way.